

LES TROPHEES DU SPRINT

She was the first last year...



4TH EDITION
RAISMES 21ST JUNE 2015

TS2015

RAISMES NATATION PRESENTS LES TROPHEES DU SPRINT 4th EDITION
ORGANIZED BY THE CLUB AND ITS VOLUNTEERS - WITH THE SUPPORT OF THE FSCT, OF THE COMMITTEE 59 AND THE CITY OF RAISMES
PUBLIC SWIMMING-POOL L. PONCET - POOL OF 25M., 4 LANES - MUSIC, ORGANIZATION, RECORDS, REWARDS



DECATHLON



« Les Trophées du Sprint » 4th Edition – 21st June 2015 – Raismes, France

« Les Trophées du Sprint » are willing to be an entertaining end of season appointment. They take place while national competitions season has ended with France FSGT Swimming Championship organized in the magnificent jewel case of the “Centre Aqualudique de la Loue”.

« Trophées du Sprint »

3rd Edition

RAISMES



France Winter

Championship FSGT

GARGES LES GONESSE



France Summer

Championship FSGT

SAINT VICTOR



« Trophées du Sprint »

4th Edition

RAISMES



« Les Trophées du Sprint » is an open national meeting, it means it concerns all the french FSGT swimming clubs and federations of the CSIT. It is under the care of the « Fédération Sportive et Gymnique du Travail », the performances realized can be used as a stand to the qualification for the France Winter Championship of the next season only.

This competition is organized by the club Raismes Natation, with the Committee FSGT 59 support.



• **ENTRIES AND RESULTS**

- Subscription after receiving Nat2i format files or else (Excel, PDF, paper) before 14th June 2015 with the payment of the entries. 8€ for the four races (the participation of the different animated relays is free, check to Raismes Natation).
- Startlists will be published from 15th June 2015 on the club site.

For safety reasons and in order to make sure everything is well throughout the competition, the organizer is able to limit the number of swimmers and the number of entries.

- The results will be available on the club website at the end of the day, and sent to each club by email. It is possible to get it on digital device (USB key, SD card).

• **CLUBS WELCOMING (estimated time)**

- The club welcoming will start at 8.45 at the entrance of the swimming-pool, there they will get the files with the program and the contract cards.
- The pool has only 4 lanes, so the warm up will start at 9.00 and will finish at 9.50 so the meeting could be start at 10.00.
- The organization and the composition of the meeting jury will be done at the beginning of the warm up at the reserved area.
- Only the coaches and the clubs leaders will be able to access to the swimmers area, to the calling chamber and the computer area.

• **ORGANIZATION OF THE POOL**

- Shoes are forbidden at the edge of the pool.
- You can access to the pool, barefoot and only through the changing room.
- All the areas will be shown by bill sticking.

• **PUBLIC WELCOMING**

- The entrance is free, information at 09.64.15.06.55 or raismes.natation@orange.fr

• CATEGORIES

- « Masters » born in 90 or before
- « Seniors » born in 91/92/93/94
- « Juniors » born in 95/96/97
- « Cadets » born in 98/99
- « Minimes » born in 00/01
- « Benjamins » born in 02/03
- « Poussins » born in 04/05
- « Avenirs » born in 06 & after

• EVENTS, ORGANIZATION OF SERIES

- 50M Butterfly, 50M Backstroke, 50M Breaststroke, 50M Freestyle, Mixed Relay 4 X 50M Freestyle, Mixed Relay 4 X 50M Medley.
- For mixed events, each relay must be composed of 2 women and 2 men, no matter the passing order during event.
- Series will go through with the categories all mixed, at time.

• PODIUMS, REWARDS

- Rewards handing over will take place during the different breaks and at the end of meeting.
- A medal to the 3 first of each individual event and each category.
- A medal to the 3 first mixed relay all categories.
- Prizes to the 5 best totals to the addition of the quotations of the 4 individual events of women and men at the table of quotation FFN.
- A cup for the best total to the addition of the points of the 4 individual events of women and men at the table of quotation FFN.
- Prizes in case of “LesTrophées du Sprint” record.

• THE JURY

- It will be composed of internal and external officials of the host club.
- External clubs are compelled to give an official and to name him when they send their entries.

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- PROGRAM (estimated time depending on the number of entries)

SUNDAY 21 st JUNE 2015
DOORS OPEN AT 8.45
BEGINNING OF WARM UP AT 9.00
END OF WARM UP AT 9.50
BEGINNING OF EVENTS AT 10.00
Events 1 & 2 : 50M BUTTERFLY WOMEN & MEN
BREAK – REWARDS FOR 50M BUTTERFLY WOMEN & MEN
Events 3 & 4 : 50M BACKSTROKE WOMEN & MEN
BREAK – REWARDS FOR 50M BACKSTROKE WOMEN & MEN
Event 5 : MIXED RELAY 4 X 50M FREESTYLE
END OF MORNING EVENTS
DOORS OPEN AT 13.45
BEGINNING OF WARM UP AT 14.00
END OF WARM UP AT 14.50
BEGINNING OF EVENTS AT 15.00
Events 6 & 7 : 50M BREASTSTROKE WOMEN & MEN
BREAK – REWARDS FOR MIXED RELAY 4 X 50M FREESTYLE & 50M BREASTSTROKE WOMEN & MEN
Events 8 & 9 : 50M FREESTYLE WOMEN & MEN
BREAK – REWARDS FOR 50M FREESTYLE WOMEN & MEN
Event 10 : MIXED RELAY 4 X 50M MEDLEY
REWARDS FOR MIXED RELAY 4 X 50M MEDLEY, PRIZES & “TROPHEES DU SPRINT” 2015
END OF MEETING

- RECORDS

	WOMEN	MEN
50M BUTTERFLY	GENET FLORINE - AUBY (FRA) 31.45 22/06/2014	TERRYN JULIEN - FROS (BEL) 26.89 22/06/2014
50M BACKSTROKE	LOQUET KELLY - WAZIERS (FRA) 33.99 22/06/2014	TERRYN JULIEN - FROS (BEL) 29.32 22/06/2014
50M BREASTSTROKE	LOQUET KELLY - WAZIERS (FRA) 37.94 22/06/2014	FONTEYN MATTHIAS - FROS (BEL) 31.38 22/06/2014
50M FREESTYLE	GENET FLORINE - AUBY (FRA) 28.56 22/06/2014	TERRYN JULIEN - FROS (BEL) 25.07 22/06/2014

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• MORE INFORMATION

- A commercial center (Auchan Petite Forêt, Route Nationale 45, 59494) is at 2 minutes drive from the swimming-pool. It includes (for clubs wishing to arrive the day before) the following hotels : Campanile (03.27.47.87.87), Balladins (03.27.28.55.55), Première Classe (08.92.70.72.18).
- You will find in the earth of the shopping area the following restaurants : Buffalo Grill, Courtepaille, Crocodile, Les 3 Brasseurs, Mc Donalds, Quick, Café 2000, Flunch, La Croissanterie, Pizza Paï, Maki Thai, KFC.
- It won't be able to eat at the edge of the pool.
- In case the weather conditions allowed it, it will be possible to eat at the outside terrace.
- Presence of refreshment and snacks.

